



**Darien Park District
Community Center
7301 Fairview Avenue
Darien, IL 60561**

**Parent & Tot Gymnastics
Ages Walking to 3 Year Olds**

Interactive program for parent and child introducing the world of gymnastics. It stimulates the development of strength, flexibility, and basic motor skills through songs, games, activities and gymnastics. Students will interact and learn how to respond to others outside the family unit.

**Preschool Gymnastics
Ages 3 to 5 Year Olds**

The children will experience the 4 events of gymnastics - tumbling, vault, balance beam and bars. In our lesson plans we will be using our imagination to incorporate learning new gymnastics skills and making new friends.

**School Age Gymnastics
Ages 5 to 12 Year Olds**

Top quality gymnastics taught in a positive and encouraging environment. Each child is progressed at his/her own pace. Our goals for our students go beyond pointed toes and proper body alignment. We also promote self-confidence and a life-long love of fitness.

CLASS SCHEDULE

All Classes Meet on Fridays

10:30 - 11:05am	Preschool Gymnastics
11:15 - 11:50am	Parent & Tot Gymnastics
3:45 - 4:30pm	School Age Gymnastics
4:30 - 5:15pm	School Age Gymnastics

2015/2016 SESSION DATES

Each Session is 6 Weeks

September 4 - October 9
October 16 - November 20
December 3 - January 22

PRICING

\$48.00 Resident
\$53.00 Non-Resident

Class space is limited. Enroll at least one week prior to each new session to secure a spot and ensure adequate staff. There is never any credit for missed classes. Wear comfortable clothing and gym shoes (no jeans). Classes not meeting size minimums are subject to cancellation.

For Information:
Tumblebear Gymnastics
(219) 865-9698
www.tumblebearmobile.com

To Register:
Darien Park District
(630) 968-6400
www.darienparks.org